

Let the Sun Shine

Run/walk will start at St. Boniface Catholic Church April 22, 2017 9:00 a.m. 501 Main Street Cold Spring, MN

All proceeds will be donated to the Brain & Behavior Research Foundation

There will be a silent auction and bake sale.

7:30 a.m. - Registration & packet pick up 9:00 a.m. - Run/Walk Start 10:00 Silent auction closes 10:05 a.m. - Penguin Trot kids run

Pre-registration fees postmarked by April 1st (Please note three different color/price options for 2.2 mile run/walk):

YOU MUST BE PRE-REGISTERED TO BE ELIGIBLE FOR DOOR PRIZES

- ☐ 2.2 mile run/walk - \$15 – white t-shirt Size: YL YXL S M L XL XXL XXXL
- ☐ 2.2 mile run/walk - \$20 – hot pink t-shirt Size: YL YXL S M L XL XXL XXXL
- ☐ 2.2 mile run/walk - \$20 – lime green t-shirt Size: YL YXL S M L XL XXL XXXL
- ☐ .4 mile Penguin Trot - \$10 – white t-shirt Size: YXS YS YM YL YXL S M

Registration fees postmarked after April 1st (t-shirts not guaranteed – white shirts only):

- ☐ 2.2 mile run/walk - \$20 Size: YL YXL S M L XL XXL XXXL
- ☐ .4 mile Penguin Trot - \$13 Size: YXS YS YM YL YXL S M

- ☐ I have enclosed my registration and have included an additional donation of \$ _____

All additional donations of \$100 earn a free sweatshirt – sweatshirt must be ordered by April 1st.

- ☐ I am unable to attend, but have enclosed a donation of \$ _____

ADDITIONAL ITEMS – MUST BE ORDERED BY APRIL 1ST

- ☐ Sweatshirts - this is an add-on item, it does NOT include registration

☐ \$25 or ☐ **free with additional \$100 donation** – S M L XL XXL XXXL Color: Black or Lime Green or Hot Pink

- ☐ Sign along the route in memory/honor of my loved one - \$10

Please include the name you want on the sign and any other information or ideas you have to make the sign more personal. You may send photos. You may also email a design to kcrobbs68@gmail.com. Required specs: 8 ½ x 14 size, landscape, PDF or Word Document. All signs that we have from previous years are stored and will be put back out each year. Due to the large number of signs we now have, there will be a limit of 10 per person – the most recent ten will be placed on the course.

Total enclosed: \$ _____

PARTICIPANT WAIVER: Knowingly, and at my own risk, I am participating in the Let the Sun Shine run/walk. I do hereby release any and all claims against any representative of the Let the Sun Shine Run, all event sponsors and any volunteer or officials of these organizations from any claim of injury (including death) that I may incur as a result of my participation in the event. I further hereby certify that I have full knowledge of the risks involved in this event, and I am physically fit and sufficiently trained to participate. If, however, as a result of my participation, I require medical attention, I hereby give consent to authorize medical personnel to provide such medical care as deemed necessary. I also grant permission to the Let the Sun Shine Run and other associated organizations to use my name and any photographs or any other record of me participating in this event for any publicity and/or promotional purposes without obligation or liability to me. I understand that the fees are not refundable.

Signature of participant or guardian if under 18: _____

Name: _____

Address _____ City _____ State _____ Zip _____

Phone number _____ Email address _____

Make checks payable and mail registration to the: Let the Sun Shine Run - 335 11th Avenue South - Cold Spring, MN 56320

www.letthesunshinerun.com